



WOMEN EMPOWERMENT CELL

OBJECTIVES

- To create social awareness about the problems of women and in particular regarding gender discrimination.
- To develop the self-confidence of Women.
- To prevent sexual harassment and to promote general well-being of female students, teaching and non-teaching women staff of the College.
- To highlight the importance of health and hygiene.
- To promote a culture of respect and equality for female gender.
- To conduct competitions to identify their potential.
- To help women students understand their strength and potential.
- To conduct seminar, workshop to impart to motivate them in various aspects

2023-2024

Staff Committee Members

| Name | Designation | Department | Position |
|----------------------|---------------------|-------------------|-----------------|
| Dr.Manju C Thayammal | HOD | CSE | Convener |
| Dr.M.R.Geetha | Professor | ECE | Co-convener |
| Mrs. Manchu.M | Assistant Professor | CSE | Coordinator |
| Mrs. Priyanka P T | Assistant Professor | IT | Coordinator |
| Mrs.Thanga Shiny R | Assistant Professor | Civil | Coordinator |
| Mrs.Alphiya A | Assistant Professor | ECE | Coordinator |
| Mrs.Serlin Lincy J R | Assistant Professor | H & S | Coordinator |
| Mrs. Smitha S S | Assistant Professor | EEE | Coordinator |
| Mrs. Raja Lakshmi A | Librarian | Library | Coordinator |
| Mrs. Shiny B S | Assistant Professor | Mech. | Coordinator |
| Mrs.Jelba J | Assistant Professor | AI&DS | Coordinator |



PONJESLY COLLEGE OF ENGINEERING
NAGERCOIL-629003



Report for Seminar on Empowering Women and Health Care
on 15.03.2024



WOMEN EMPOWERMENT CELL
Organises

SEMINAR

Empowering Women & Health Care

DATE
15-03-2024



Women Empowerment Cell organised a seminar on the topic “Empowering Women & Health Care ”on 15-03-2024. Shri.Pon Robert Singh - Chairman Ponjesly Groups presided over the function in absence. Principal & Director felicitated the gathering. Smt. Heera - Chief Operating Officer, Dr. Sathya Sheela - Obstetrician & Gynecologist, Dr.Akshara - General Medicine & Critical Care from Ponjesly Super Speciality Hospital gave the Chief guest address.

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Women Empowerment Cell has organized the seminar on “Empowering Women and Health Care”. Dr.Sathya Sheela, MBBS,MS(OG).; Obsterician & Gynacologist, Dr.Akshara Sivakumar,MBBS,MD,FCCm.; General Medicine & Critical care, Smt.Heera, Chief Executive Officer of Ponjesly Super Speciality Hospital were the chief guests. The chief guests insisted that, empowering women is an important subject of today’s world.

The term “empowered” refers to the possession of legal power or autonomy to act. Empowerment is a process through which individuals, societies, and organizations gain the control of their important matters. The aim of moving toward empowerment is to acquire the necessary activities in order to prevent the threats and improve the



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positive aspects of life. Acquisition of such power is based on the knowledge and skills and promotes the quality of life.

Moreover, it facilitates the ability to choose appropriate strategies for controlling the resources required for reaching favourable consequences. Previous studies showed that empowerment of patients resulted in favourable health outcome. Regarding the key role of women in improvement of lifestyle and, consequently, the community health, the promotion of women's health information is a fundamental strategy for empowering them.



Seminar on “Empowering Women and Health Care”



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Report of Women Empowerment Rally conducted on “07.03.2024”

As a part of women’s day celebration our Women’s Empowerment Cell has organized a Women Empowerment rally on 07.03.2024. The rally was flagged off by Smt. Angelin Sharona, President, Village Panchayat, and Kanyakulam in the presence of Dr.T.Natarajan principal, Dr.Manju C Thayammal, Convener and the entire department HOD’s of Ponjesly college of Engineering. Around 250 students participated in the rally. The celebration included a peace rally where women were carrying placards with captions such as ‘stop violence against women’, ‘stop female foeticide’, ‘treat children well’, ‘be a man not a beggar to ask dowry’, ‘bruises fade, but the pain lasts forever’, ‘not all wounds are visible’, ‘be bold’ etc. The initiative of the students not only fostered a sense of unity and solidarity among participants but also effectively conveyed the importance of collective action in addressing pressing issues faced by our society. The collaboration between kanyakulam panchayat and women Empowerment cell association with NSS will continue to yield positive outcomes and inspire others to actively participate in similar endeavours aimed at promoting positive change and sustainable development.

